## Understand Your Overall Suit Size

## Suitich.com



Suit and jacket sizes take the form of a number followed by the letters S, M, L, or XL. The number refers to your chest.

It's also important to bear in mind a suit's "drop"-the difference between the chest measurement and the waist measurement, which is usually 6 inches: - that means the pants of a 40 M suit will have a 34 -inch waist.

| MEASURES (Inches) | $\begin{gathered} \text { S } \\ \text { (36-38 US } \\ \text { size) } \end{gathered}$ | $\begin{gathered} \mathbf{M} \\ \text { (38-40 US } \\ \text { Size) } \end{gathered}$ | $\begin{gathered} \text { L } \\ \begin{array}{c} \text { (40-42 US } \\ \text { size) } \end{array} \end{gathered}$ | $\begin{gathered} \text { XL } \\ (42-44 \text { US } \\ \text { Size) } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: |
| Height | $5.4-5.7$ | $5.8-6.2$ | $6.3-6.5$ | 6.5 and taller |
| Chest | 38-39.5 | 40-41.5 | 42-43.5 | 44-46.5 |
| Sleeve Length | 25 | 25.5 | 26 | 26.5 |
| Waist | 30-32 | 33-35 | 36-38 | 39-41 |
| Inside leg size | 32.5 | 33 | 33.5 | 34 |

Note: Listed measures are just a general guidance and apply to slim-fit.

## Choosing your Suit Style



There are three main cuts available, each suited for different body types and settings. Some suits are perfect for work, but not for a hot date at the club. Others will be perfect at a wedding, but make you feel uncomfortable when meeting with your business partners.

When you are making decision on a suit style, take the following into consideration:

| CUT | WHO IS IT FOR |
| :--- | :--- |
| Slim Fit | Slightly tight - this fashionable cut contours to the <br> body and exudes style, working best for men with a <br> slender build. |
| Comfort Fit | Slightly loose - boxier than slim-fit suits, this cut has a <br> generous chest that works well for men with larger <br> frames. |
| Regular Fit | Optimal fit - somewhere between the two, a modern- <br> fit suit works for almost everyone in almost any <br> situation. |

## Choosing your Suit Color



Although there are too many suit colors to cover, a few broad guidelines can help clarify what will work best for your situation:

## SUIT COLOR HOW TO WEAR IT

| Black | A black suit is very formal-worn often to fancy or <br> somber events—and classically pairs with a white shirt <br> and a bold tie. |
| :--- | :--- |
| Dark Grey | Dark gray is a great choice for everyday wear and is <br> versatile enough for almost any color combination. |
| Light Grey | Another solid choice for an everyday suit, light-gray fabric <br> can make the colors of your shirt and accessories pop. |
| Blue | Navy blue works well for the office while brighter blues <br> are a little more playful. |
| Beige | Choose beige for a party, especially an outdoor party in <br> spring or summer. Steer clear of warm-colored shirts- <br> blue is probably best. |

